

FA01 : Skeleton & Circulatory System

SKELETON & CIRCULATORY SYSTEM

SKELETON

CIRCULATION OF BLOOD

SKULL

SPINE

HIP & KNEE BONES

BLOOD CIRCULATION

Skeleton is a flexible structure of rigid bones which provides shape and support to the body and offers protection to the internal organs. On an average there are 206 bones of various sizes and shapes in an adult human skeleton.

FA02 : Triangular Bandages

TRIANGULAR BANDAGES

TRIANGULAR BANDAGE FOLDED

KNIFE

FEET/FOOT

CLASP/KNIFE

ARM SLINGS

LANE/ARM SLING

SPINAL/NECK SLING

TRUNK/NECK SLING FOR STOMACH

COLLAR & CUFF SLING

HANDS/FROM THE CHEST

BANDAGE FOR THE SHOULDER

BANDAGE FOR THE SCALP

BANDAGE FOR THE FOOT

BANDAGE FOR THE ELBOW

BANDAGE FOR THE ELBOW

BANDAGE FOR THE PALM

BANDAGE FOR A STUMP

BANDAGE FOR THE FOOT

ANGULAR BANDAGE

PURPOSE OF BANDAGES

Bandages are for the use of a person when the blood is to be checked, to prevent swelling, to support, to immobilize and to prevent movement. They should be applied firmly enough to keep moving materials in position, but not so tight as to cause injury or impede circulation of blood.

FA03 : Roller Bandages

ROLLER BANDAGES

APPLICATION OF DRESSING

The dressing should be placed on the wound. It should be placed on the wound. It should be placed on the wound. It should be placed on the wound.

PROTECTIVE COVERING FOR WOUND OR FRACTURE

FINGER BANDAGE **SPICA BANDAGE FOR THUMB** **Wrist BANDAGING**

BANDAGES FOR THE ELBOW **FOOT & ANKLE BANDAGING** **BANDAGE FOR THE HEEL**

HEAD **CONJECTA** **NECK** **NECK** **NECK** **NECK**

SPICA BANDAGE FOR SHOULDER **HEEL BANDAGE** **HIP SPICA BANDAGE** **HEEL SPICA BANDAGE FOR GROIN**

CAPE LINE BANDAGES

HEAD **HEAD** **HEAD** **HEAD**

EAR BANDAGE **BANDAGE FOR THE EYE**

FA04 : Fractures

Fractures

Pain, Swelling and Loss of energy are the general signs of a fracture. A first aider should immobilise the fractured body part. Sling or splint should be used where necessary.

Types of Fractures

Open Fracture of leg

Fracture of elbow

Fracture of ribs

Fracture of finger

Fracture of lower jaw

Fracture of spine

FA05 : Artificial Respiration

Artificial Respiration

HOLGER - NIELSEN METHOD (For Adults)

SCHAFFER'S METHOD

SILVESTER'S METHOD

For Children Under Five Years

FA06 : Transport of the Injured

TRANSPORT OF THE INJURED

ONE MAN CARRY

TWO MAN CARRY

THREE PERSON CARRY

TWO HANDED SEAT

STRETCHER LIFT

FA07 : Unconsciousness

Unconsciousness

Unconscious Condition of a Casualty

SUN STROKE

Fainting

EPILEPTIC FIT

HYSTERIA

FEVERILE CONVULSIONS

DROWNING

FA08 : Haemorrhage

HAEMORRHAGE

HAEMORRHAGE

PRESSURE POINT FOR THE BRACHIAL ARTERY

PRESSURE POINT FOR THE FEMORAL ARTERY

PRESSURE POINT FOR THE CAROTID ARTERY

PRESSURE POINT FOR THE SUBCLAVIAN ARTERY

TORNIQUET TO THE ARM FOR BLEEDING FROM FOREARM

TORNIQUET TO THE ARM FOR BLEEDING FROM THIGH

